

INSURANCE UPDATE

Great Lakes Plastic and Hand Surgery has **added several new insurance carriers** including **Cigna, Preferred Partners, Priority Health, Preferred Choices, and some plans within IHP** to the list of those we currently participate with.

Our goal is to make our world-class services more available to more residents of Southwest Michigan and Northeastern Indiana. For a complete list of participating insurance carriers, or to receive additional information about all of our hand, reconstructive or cosmetic procedures, call either our Portage or Battle Creek offices or log on to www.glphs.com.



Wishing you all the Joy,
Hope and Wonder of the Season

Options For Every Body Type

With the recent FDA approval of **silicone breast implants**, women who are seeking breast augmentation are no longer limited to using saline implants. As the options have changed, so has the need for more education about the differences between saline and silicone breast implants. Here is a closer look at some of the features of both.

SALINE:

- FDA approved
- Filled with a saltwater solution
- Slightly firmer feel
- Flexible fill volume
- Smaller incision size with various options for incision placement

SILICONE:

- FDA approved
- Filled with silicone gel
- Gel holds together uniformly while retaining the natural give that resembles breast tissue
- Set fill volume
- Slightly larger incision size with various options for incision placement

Success with breast augmentation procedures requires a unique balance between selecting an implant that is most appropriate to body type while still addressing patient

expectations. Fortunately, there are numerous resources to help answer questions and evaluate options. After a comprehensive evaluation, our surgeons can help patients choose the perfect implant and provide them with various forms of educational information regarding the risks and benefits of breast implants. Visit our website today at glphs.com to get started planning your breast augmentation. We offer many helpful links to ensure you get the latest, most up-to-date information available.

Source:
www.mentorcorp.com

Starting New

Breast cancer continues to impact women at an alarming rate. For most women who have had mastectomies, breast reconstruction is at the forefront of their thoughts. Social, emotional and psychological benefits of breast reconstruction are considerable and most women find it well worth it. The goal of breast reconstruction is to replace not just the breast but any self-esteem or sense of femininity the patient may feel she has lost. With reconstruction, the breast

will not have normal sensation and may feel firmer and be different in appearance than the natural breast. Because of this, women often choose to have procedures on their other breast as well (reduction, lifting and augmentation) to provide symmetry between the two breasts. In this case, the final aesthetic result can be dramatic and may surpass the pre-mastectomy breasts in size, shape and contour. Insurance not only covers reconstruction of a breast lost to cancer, but coverage

is now mandated for procedures on the non-cancerous breast as well. With new advances in breast reconstruction, a women's full, natural, feminine figure can be restored. We hope to be able to help women emerge from their battle with breast cancer with a new sense of pride and confidence, realizing they are ready not only to survive, but to thrive.

Source: Scott R. Miller, MD. "A New Start," Breast Implants 411, Summer, 2006.

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Visit our NEW website at www.glyphs.com



Unwrap a New You!



Some patient walks through our doors with one wish, whether it's for fuller breasts, a flatter tummy, or just better looking skin, it makes you think about your own lifetime of "wishes", and you've had them all. But the years have snuck up on you, and the "wishes" are still "wishes". The Holiday Season has you busier than ever. You get up at the crack of dawn, hustle the kids off to school,

work a fulfilling, but exhausting day, run errands, attempt to get some holiday shopping done, go home and cook, clean, pay bills, help with homework, and eventually sit with a book or watch TV. While they say that 40 is the new 30, it appears nobody told your body that. The crow's feet have settled in, the breasts have settled down, and brown spots are appearing in the worst possible places.

Well, after years of childbearing, sunbathing, dieting, overindulging, sucking it in, padding your bra, dieting again, and taking care of everybody else, it's time to do something for yourself. Unwrap a new you this holiday season. We can help make those "wishes" come true, because we think

YOU DESERVE IT!

About Our Surgeons

Scott D. Holley, MD, FACS, and Raghu G. Elluru, MD, FACS are dedicated to their patient's wellness and health. It is important to them to customize a treatment plan that will suit each patient individually and

meet that patient's needs and desires. Both surgeons hold certifications with the American Board of Surgery and the American Board of Plastic Surgery. They each maintain a Certificate of Added Qualification in Hand

Surgery and are affiliated with many professional organizations. Drs. Holley and Elluru, along with their experienced staff, welcome you to Great Lakes Plastic and Hand Surgery.



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